



### **Selenite Charging-**

Place your crystals on selenite charging plate or in selenite Z bowl for a few hours. You can also use Selenite tower to cleanse your crystal

✓ Best for : All Crystals and Daily Use.



### **Smoke Cleansing-**

Smudge your crystal with sage, palo santo, incense stick/dhoop. Burn any of these, pass the crystal through the smoke while visualizing the negative energy being released.

✓ Safe for : All Crystals



### **Salt Method-**

Keep your crystal in a bowl of salt for 4-5 hours.

✓ Safe for : All Crystals



### **Moonlight Method:**

Place your crystals outside or on a windowsill on full moon night. Take your cleansed and charged crystal before the sunrise.

✓ Safe for : All crystals especially Rose Quartz, Amethyst & Moonstone.

✗ Avoid during Lunar Eclipse.



### **Water Cleansing-**

Hold your crystal under cool, running water for 30-60 seconds, visualising the negative energy flowing away.

✓ Safe for Clear Quartz, Amethyst, Citrine, Aventurine, Jasper, Agate, Rose Quartz, Carnelian.

✗ Not safe for any crystal ending with 'ite' like Selenite, Hawlite, etc.